



# media

CTC MEDIA  
CATALOGUE  
CONTAINS  
**>20 000  
HOURS**

HIGHLY RATED CONTENT OF OUR CHANNELS:



## UNIQUE OWN-PRODUCED VIDEO CONTENT

### SERIES AND ANIMATION

- ★ sitcom
- ★ romance
- ★ dramedy
- ★ detective
- ★ mystery
- ★ youth-orientated
- ★ war
- ★ action
- ★ cartoons

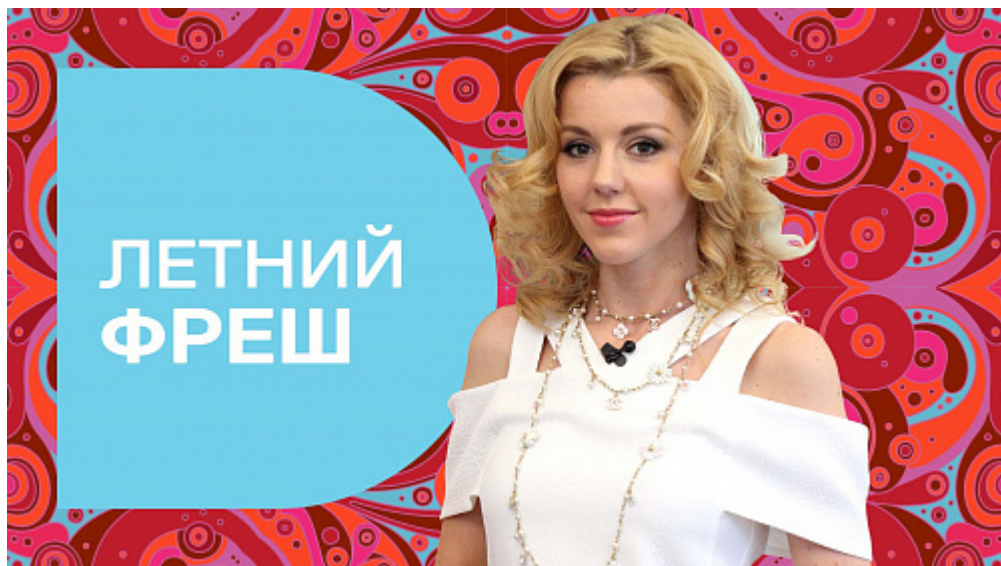
### ENTERTAINING TV PROJECTS AND SHOWS

- ★ sketch comedy
- ★ reality
- ★ music
- ★ youth-orientated
- ★ makeover
- ★ comic

### EDUCATIONAL PROGRAMS AND DOCUMENTARIES

- ★ historical
- ★ cookery
- ★ psychological
- ★ health & beauty
- ★ lifestyle
- ★ travel
- ★ celebrity

# SUMMER FRESH 16+



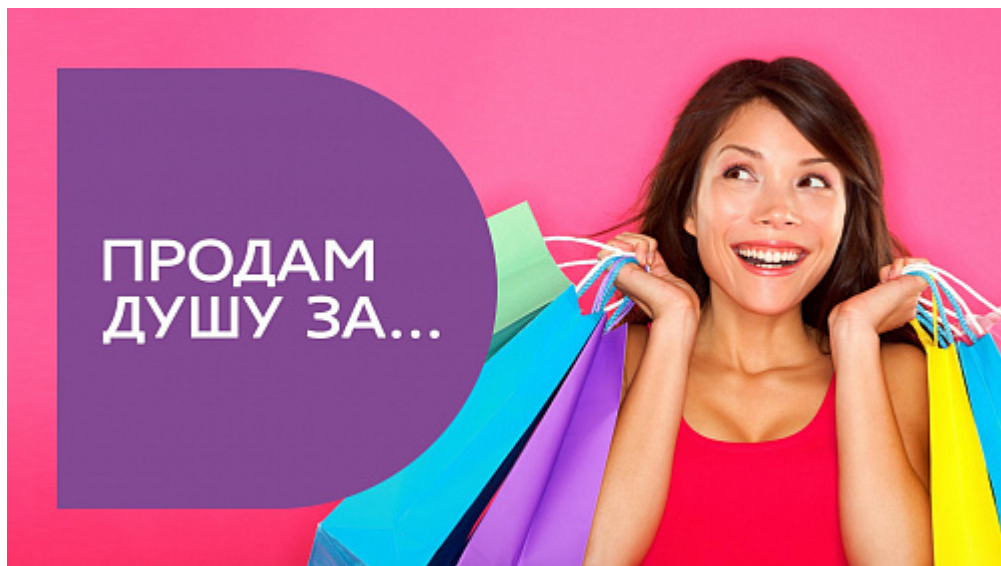
tags: **healthy lifestyle, beauty and health, fashion and style, lifestyle, hobby**  
genre: **home and decor, beauty and health, Fashion & Style**

seasons	min	episodes	year
Exclusive			
Promo			
1 season	24	20	2014

## About

**SUMMER FRESH** How can you get pretty, healthy and classy? What should you eat in summer that is easy to cook and safe for your figure? How can you make grass in your garden look greener? Watch four rubrics, four hosts and get heaps of handy tips for all occasions just for thirty minutes! You will find out how to use summer to advantage from a slender pretty “Energy” radio DJ Yekaterina Lopareva, a fashionable singer from “5sts Family” band Yulianna Karaulova, one of the best-known Moscow pastry chefs Mikhail Murzin and “Domashniy” TV channel star Yevgeniy Rybov. Each episode covers a new topic: sea breeze, summer rain, chamomile, apples, heat, violets and other things linked to summer. The hosts will share their secrets and tips on these subjects... How can you stay fit and healthy? Yekaterina Lopareva, hosting “Beauty and Health” rubric, will show you effective muscle-building exercises to keep fit, share her secrets of useful face masks and other beauty recipes. How can you cook quick, tasty and healthy dis ...

# SELL MY SOUL FOR... 16+



tags: **for women, fashion and style, lifestyle, hobby**

genre: **leisure, Fashion & Style**

seasons	min	episodes	year
1 season	24	4	2013

## About

“Sell My Soul For...” drive girls crazy! The documentary series share stories about girls addicted to things. Things, which drive girls crazy! Things, which control them! And girls, who worship their things! Some of them love leather boots, others go mad when they see a lovely statuette or an unusual ring! They spend fortunes on their addictions. You can say they have lost their heads or sold their souls for them: lovely jeans, collections of vintage bags, cheese and chinaware, headbands and sunglasses, shoes and Versace jackets, scarfs and even spas! What makes girls lose their heads? What attracts them in shops where they spend so much time? How much does their passion cost? Female fetish: is it an illness or a harmless hobby?



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